

Statement of Purpose

In House Supported Accommodation Ltd

Effective Date: October 2026

Review Date: October 2027

1. General Introduction

The Service

In House Supported Accommodation Ltd provides high-quality supported accommodation for vulnerable young people aged 16–17, including care leavers and those at risk of homelessness. Our service helps young people develop the confidence, resilience, and practical skills needed for independent living, while ensuring they receive emotional and practical support in their day-to-day lives.

Young people live in small shared homes of two to four young people. We prioritise small, nurturing, “family-home-style” environments, which we believe offer greater stability, safety, and emotional containment than larger hostel-type settings.

We specialise in outcome-focused support using a Solution-Focused Brief Therapy (SFBT) approach, which is positive, respectful, and strengths-based. This method helps young people identify their own resources, build on their strengths, and work towards meaningful goals.

Our placement packages typically include:

Safe, suitable accommodation matched to the young person’s needs

A minimum of 3 hours of support every day (21+ hours per week)

24-hour emergency telephone support

Property management, including bills and maintenance

Our service is delivered in accordance with the Supported Accommodation (England) Regulations 2023 and Ofsted’s regulatory framework.

Overall Purpose

Our aim is to:

Provide a safe, nurturing, and empowering environment

Support young people to develop the skills needed for independent living

Promote emotional and physical wellbeing

Encourage engagement in education, training, or employment

Support positive outcomes in health, relationships, community integration, and personal development

Staffing (Management)

The Registered Manager, Zarqa Waseem, holds a qualification in Management Health and Social Care and has over 10 years' experience leading services for young people in the UK, and more than 25 years in health and social care. She has extensive experience working within regulated services and brings strong leadership, safeguarding expertise, and operational oversight.

Our Outreach Support Staff are selected for their professional competence, empathy, and ability to build positive relationships with young people. All staff receive enhanced DBS checks and comprehensive training.

Volunteers come from diverse backgrounds and have relevant experience working with vulnerable young people.

2. Our Ethos and Values

We believe every young person deserves a safe, respectful, and empowering environment where they can grow, heal, and thrive. Our ethos is rooted in compassion, accountability, and a commitment to excellence.

We work in accordance with seven core values:

1. Safety First

We prioritise physical and emotional safety through robust safeguarding and risk management.

2. Respect & Dignity

We treat every young person with empathy, cultural sensitivity, and respect for their identity.

3. Empowerment

We support young people to make informed choices, build life skills, and take ownership of their future.

4. Accountability

We uphold high standards of governance, transparency, and regulatory compliance.

5. Collaboration

We work in partnership with young people, families, and professionals to deliver coordinated support.

6. Growth & Learning

We promote continuous development for both staff and young people.

7. Voice & Participation

We actively involve young people in shaping their environment, support plans, and the wider service.

3. Aims and Objectives

Aims

Provide a secure, stable, and nurturing environment

Promote emotional and physical wellbeing

Treat every young person with compassion and respect

Work collaboratively with stakeholders

Support young people to achieve their educational, career, and personal goals

Objectives

For young people:

Maintain a safe environment through strong safeguarding and risk management

Deliver culturally sensitive, person-centred support

Foster independence and life skills

Ensure high standards of governance and quality assurance

Work collaboratively with families and professionals

Promote education, training, and employment

Encourage participation and involvement in service development

Provide holistic support across health, education, relationships, and wellbeing

Inspire aspirations and personal growth

For staff:

Build positive, professional relationships

Work effectively with multi-agency partners

Deliver support in line with support plans and risk assessments

Promote equality, diversity, and anti-discriminatory practice

Provide accurate written and verbal reports

Engage in supervision and professional development

4. How We Deliver Our Services

Upon admission, each young person receives:

A comprehensive needs and risk assessment

A personalised support plan

Allocation of a keyworker

A structured induction, including the Young Person's Guide

A welcome pack with essential items

Support plans are reviewed regularly and updated to reflect changing needs.

Therapeutic Approach

We use Solution-Focused Brief Therapy (SFBT) techniques, including:

Miracle questions

Scaling tools

Exception-finding

Coping strategies

All staff receive formal SFBT training, with ongoing consultancy to ensure consistent, high-quality delivery.

Staffing and Support Packages

Staff are selected for their qualifications, experience, and ability to support vulnerable young people. All staff receive:

Enhanced DBS checks

Comprehensive induction

Mandatory training (safeguarding, behaviour management, fire safety, mental health, etc.)

Regular supervision and annual appraisals

5. Accommodation Details

We offer:

Small shared homes (2–4 residents)

All properties meet regulatory standards, including:

Gas and electrical safety certification

Fire safety compliance

HMO licensing (where applicable)

Each young person receives a key to their room and standard furnishings.

6. Referral Information

Referral Criteria

We accept referrals for young people aged 16–17 who:

Are care leavers or vulnerable young people

Have mild to moderate learning needs

Require supported accommodation for 6–24 months

We cannot accept referrals requiring specialist residential care or those with a history of arson.

Referral Process

Referrals can be made by contacting:

Zarqa Waseem – Registered Manager

Phone: 07568 275972

Email: zarqa@inhousesa.org

Pre-placement visits and emergency placements may be considered.

7. Process for Admission

The admission process includes:

Induction and review of the Young Person's Guide

Health and safety briefing

Allocation of a keyworker

Development of a Support Plan

A placement review within two weeks

Provision of a welcome pack

Support Plans are reviewed every three months.

8. Meeting the Specific Needs of Young People

Health

We support young people to register with health services, attend appointments, and maintain healthy lifestyles.

Education, Training & Employment

We encourage engagement in ETE and support access to Connexions and other services.

Recreation & Culture

We promote participation in activities that reflect young people's interests and cultural identity.

Religious Observance

We support young people to practice their faith.

Family Contact

We encourage appropriate contact with family and friends.

Outreach Support

Up to three months of outreach support may be offered after move-on.

Consultation & Complaints

Young people are involved in shaping the service and can raise concerns at any time.

9. Protection and Anti-Bullying

We follow:

Local Safeguarding Partnership procedures

Supported Accommodation Regulations 2023

Working Together to Safeguard Children 2023

We operate a zero-tolerance approach to bullying and have clear procedures for managing incidents.

Missing episodes are managed in line with our Missing Persons Policy.

Placement termination may occur where safety is compromised.

10. Equal Opportunities and Children's Rights

We promote equality, diversity, and inclusion.

Young people have the right to:

Be treated with dignity

Express their views

Be listened to

Access information about themselves

Participate in decisions

Young people are expected to engage constructively and respect the environment.

11. Fire Safety

All properties have:

Smoke detectors

Firefighting equipment

Fire signage

Fire-retardant furnishings

Fire drills and equipment checks are carried out regularly.

12. Financial Matters

Placement fees are payable two weeks in arrears unless otherwise agreed.

Fees may be reviewed if support needs change.

We can administer allowances on behalf of the Local Authority.

A placement agreement is signed with each placing authority.